

## EPULSIVE

A machine that delivers electrical pulses to the muscles has launched in the UK. Developed in Germany, EPulsive, £60 for one session, is the busy person's ideal fitness regime. It uses Electrical Muscle Stimulation to make muscles contract, meaning a six-hour workout can take place in just 20 minutes. In fact, after just four sessions, your slimming, toning or muscle-building specifications can be met. And the best thing about it? The trainers come to your home and you just need enough room for a few star jumps and mountain climbs.

[www.e-pulsive.co.uk](http://www.e-pulsive.co.uk)



## REVLON

Re-designing its packaging and developing an entirely new range of five mascaras, Revlon has set the bar high. A must-have for any new year make-up bag is the All-In-One mascara, which does everything from volume to length, definition and lift. The mini brush is oval in shape and has a hollow core, meaning more formula can be applied to the lashes. Prepare to be impressed.

**Boots, 385-389 Oxford Street**

## LAURA MERCIER

The flattering glow created by candlelight has finally been bottled, thanks to Laura Mercier. The Candleglow Soft Luminous Foundation, £35, is created by using pearl mica, to give the appearance of luminous skin. It also contains vitamin C, E and purified water for hydration so it glides on to the skin. Available in an impressive 24 shades, no one will be left out.

**Selfridges, 400 Oxford Street**



## SKINCHEMISTS

Known as the stone of unconditional love, the Rose Quartz Brightening and Lifting Serum, £158, is a genuine skin treat. Rose Quartz removes dead skin cells, to reveal youthful vibrant skin, while light-reflective crystals make the skin glow. Vitamin C is added for collagen stimulation, and marine and plant ingredients lift the skin. Even more glorious is its calming aroma.

[www.skinchemists.com](http://www.skinchemists.com)